

ALCOHOL CONSUMPTION AT HOME DURING COVID-19 IN IRELAND

Drinkaware/Behaviour & Attitudes 2020



1 IN 4 ADULTS ARE DRINKING MORE SINCE COVID-19

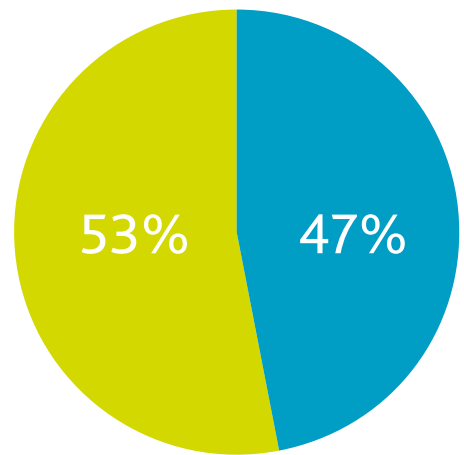
14% REPORT DRINKING FOUR OR MORE TIMES EACH WEEK in the past 30 days



TO RELAX AND UNWIND

Top reason cited for drinking alcohol

INCREASED TENSIONS reported in almost half (47%) of households



31% HAVE MADE POSITIVE CHANGES to their drinking habits during lockdown

DRINKAWARE